

I pledge to...

#ChangeDayAB

One thing. Anything. It begins with you.

**CHANGE
DAY
ALBERTA**

A TINY **STEP BY STEP** GUIDE TO CHANGE DAY

1

Make a pledge

Make a pledge, it can be anything.
One small change can have a big impact.

2

Register your pledge at ChangeDayAB.ca

Register your pledge at ChangeDayAB.ca ...
or check out the gallery to get inspired!

3

Share Share Share!

Share your pledge and inspire others!



Spread the word &
challenge your friends!



Post a video of your pledge
in action!



Share through social media!
[#changedayab](https://www.instagram.com/changedayab)

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